

2010 Zone Qualifying Times

Accepted May 2009

* Indicates change

Girls			Boys			
50 Meter Course	25 Meter Course	25 Yard Course	10 & Under	25 Yard Course	25 Meter Course	50 Meter Course

:35.00	:34.02	:30.49	50 Free	*	:31.09	:34.69	:36.15
1:17.56	1:15.65	1:07.79	100 Free	*	1:08.99	1:16.99	1:19.94
2:52.64	2:48.40	2:30.89	200 Free		2:33.29	2:51.08	2:57.21
:42.07	:40.05	:35.89	50 Back	*	:36.89	:41.17	:44.17
:46.19	:44.85	:40.19	50 Breast	*	:41.99	:46.86	:49.05
:39.55	:38.71	:34.69	50 Fly		:35.79	:39.94	:41.23
1:30.29	1:27.37	1:18.29	100 IM		1:19.99	1:29.27	1:33.33
2:51.79	2:46.61	2:29.29	200 M. R.	*	2:35.99	2:54.09	3:01.80
2:30.21	2:26.52	2:11.29	200 F. R	*	2:14.99	2:30.65	2:36.96

Girls			Boys			
50 Meter Course	25 Meter Course	25 Yard Course	11 - 12	25 Yard Course	25 Meter Course	50 Meter Course

:31.67	:30.79	:27.59	*	50 Free	*	:27.29	:30.45	:31.73
1:08.98	1:07.28	1:00.29		100 Free	*	1:00.29	1:07.28	1:09.86
2:33.42	2:29.65	2:14.09	*	200 Free	*	2:13.99	2:29.54	2:34.90
:37.73	:35.92	:32.19	*	50 Back		:32.59	:36.37	:39.02
1:21.93	1:18.00	1:09.89		100 Back		1:10.89	1:19.11	1:24.89
:41.36	:40.16	:35.99	*	50 Breast		:36.39	:40.61	:42.51
1:31.13	1:28.49	1:19.29		100 Breast		1:21.59	1:31.06	1:35.31
:34.99	:34.25	:30.69		50 Fly		:30.79	:34.36	:35.47
1:21.85	1:20.12	1:11.79		100 Fly	*	1:13.89	1:22.46	1:25.12
1:20.84	1:18.22	1:10.09		100 IM	*	1:10.39	1:18.56	1:22.13
2:56.57	2:50.85	2:33.09		200 IM	*	2:35.79	2:53.87	3:01.78
2:29.81	2:25.30	2:10.19		200 M. R.		2:16.29	2:32.10	2:38.84
2:12.59	2:08.89	1:55.49		200 F. R		1:58.59	2:12.35	2:17.89

Girls			Boys			
50 Meter Course	25 Meter Course	25 Yard Course	13 - 14	25 Yard Course	25 Meter Course	50 Meter Course

:30.29	:29.45	:26.39	*	50 Free	*	:24.79	:27.66	:28.82
1:05.89	1:04.27	:57.59	*	100 Free		:53.99	1:00.25	1:02.56
2:23.46	2:19.94	2:05.39	*	200 Free	*	1:58.99	2:12.80	2:17.56
5:05.74	4:57.45	5:39.99	*	500 Free	*	5:25.39	4:44.68	4:54.47
1:17.24	1:13.53	1:05.89	*	100 Back	*	1:03.09	1:10.41	1:15.55
1:27.34	1:24.81	1:15.99	*	100 Breast	*	1:11.79	1:20.12	1:23.86
1:14.67	1:13.09	1:05.49		100 Fly		1:02.79	1:10.07	1:12.33
2:45.15	2:39.81	2:23.19		200 IM		2:16.09	2:31.88	2:38.79
2:23.94	2:19.60	2:05.09		200 M. R.		2:01.29	2:15.36	2:21.36
2:07.77	2:04.20	1:51.29		200 F. R		1:47.19	1:59.63	2:04.63

Girls				Boys		
50 Meter Course	25 Meter Course	25 Yard Course	15 & Over	25 Yard Course	25 Meter Course	50 Meter Course
:29.49	:28.67	:25.69	50 Free *	:22.99	:25.65	:26.73
1:03.94	1:02.37	:55.89	100 Free *	:50.09	:55.90	:58.04
2:19.11	2:15.70	2:01.59 *	200 Free *	1:50.69	2:03.53	2:07.96
4:56.66	4:48.61	5:29.89	500 Free	5:06.09	4:27.79	4:37.00
1:15.36	1:11.75	1:04.29	100 Back	:58.19	1:04.94	1:09.68
1:23.43	1:21.01	1:12.59	100 Breast	1:06.09	1:13.76	1:17.20
1:12.50	1:10.97	1:03.59 *	100 Fly *	:56.89	1:03.49	1:05.54
2:39.50	2:34.34	2:18.29	200 IM *	2:07.69	2:22.51	2:28.99

Girls				Boys		
50 Meter Course	25 Meter Course	25 Yard Course	Senior	25 Yard Course	25 Meter Course	50 Meter Course
10:18.51	10:01.74	11:27.79	1000 Free	10:54.29	9:32.43	9:52.11
19:28.81	18:56.18	18:59.59	1650 Free	18:11.09	18:07.82	18:50.66
:35.27	:33.58	:30.09	50 Back *	:27.79	:31.01	:33.28
2:41.94	2:34.89	2:18.79	200 Back *	2:10.49	2:25.63	2:33.69
:38.95	:37.82	:33.89	50 Breast	:31.09	:34.69	:36.32
2:57.77	2:54.20	2:36.09	200 Breast	2:29.09	2:46.39	2:53.76
:33.05	:32.35	:28.99 *	50 Fly	:26.29	:29.34	:30.28
2:42.64	2:39.92	2:23.29	200 Fly	2:17.79	2:33.78	2:39.11
5:46.10	5:38.38	5:03.19	400 IM *	4:46.99	5:20.30	5:31.78
2:01.80	1:58.40	1:46.09	200 F. R. *	1:36.99	1:48.24	1:52.77
4:28.98	4:22.37	3:55.09 *	400 F. R. *	3:33.09	3:57.82	4:06.91
9:55.41	9:40.79	8:40.39	800 F. R.	7:59.99	8:55.70	9:13.62
2:18.19	2:14.02	2:00.09	200 M. R. *	1:51.99	2:04.98	2:10.52
5:01.94	4:52.51	4:22.09	400 M. R. *	4:00.49	4:28.40	4:40.94

Conversions from 2008 NCAA rulebook